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MEDICAL SKIN CARE

Look Beautiful Without Surgery.

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Joel G. Caschette, M.D.- Featured On:

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Visage Visions

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Visage Visions is a newsletter edited by Dr. Joel Caschette at Visage Medical Skin Care. Read below about the latest in Non Surgical Cosmetic Medicine. You'll find helpful skin care tips and Certificates that save you money!

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Inside This Issue:

[Dr. Joel: RealSelf.com "Community Favorite" Consultant!](#)

[Visage Web Site- Trusted Worldwide!](#)

[Beat Acne With Help From Dr. Joel!](#)

[Look Younger With Fraxel Skin Resurfacing!](#)

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***Dr. Joel is a RealSelf.com
"Community Favorite"
Expert Consultant!***

Dr. Joel Caschette has just been named a "Community Favorite" Medical Consultant on RealSelf.com. He and a select group of doctors answer Cosmetic Medicine questions from patients around the world.

What are patients asking Dr. Joel before they seek treatment? See for yourself at [RealSelf.com!](#)

**[VisageMedicalSkinCare.com:](#)
*A Cosmetic Medicine
Education Resource Trusted
Worldwide!***

Beat Acne With Help From Dr. Joel!

Acne is a problem for many young people, but acne also occurs in many adults. Patients in their 40's and 50's may still be dealing with acne, or be seeing acne reappear for the first time in years. This has generated the time-honored question, "Why do I have to put up with wrinkles and acne at the same time?"

At Visage, we can help with both wrinkles and acne. Let's explore what can be done to control acne breakouts!

There are a number of ways acne can be treated, depending on your skin type, the severity of the acne, medical history and other factors. In general, there are four main problems to address in acne care are:

1. Blocked pores - skin debris on the surface can block pores. Acne starts with a blocked pore.
2. Excess oil production - oil gets trapped beneath the surface when skin pores are blocked. Acne-prone skin makes more oil than normal.
3. Inflammation - Acne patients often have red, thickened skin even when no pimples are there.
4. Excess acne-causing bacteria - The bacteria builds up in the areas of inflammation, causing a pimple or nodule.

Acne is treated best when these four major problems are addressed.

Treatments can include:

- Microdermabrasion, which decreases surface skin cell debris and unblocks pores
- Chemical peels, especially salicylic acid, which not only decreases surface skin cell debris that blocks pores, but also decreases inflammation
- Photodynamic therapy, which kills off acne bacteria
- Blue Light therapy, which also decreases acne bacteria
- Red Light therapy, which decreases inflammation
- Laser treatment for sebaceous gland hyperplasia, which decreases oil gland size and oil production.

We often combine prescription medications and a home skin care plan with office treatments to maximize results.

Which treatments are best for you? Dr. Joel can come up with a personalized plan for you. Call Us Today to make an appointment with Dr. Joel- Together, we can Beat

Dr. Joel Caschette personally edits and writes the educational material found on Visage Medical Skin Care's website. Did you know that, as of March 15, 2008, our website has been viewed:

- Across the United States, including Alaska and Hawaii
- In 71 Countries Outside the USA
- On 6 Continents! (Antarctica is the sole holdout!)

When you want answers about Non-Surgical Cosmetic Medicine and what the latest medical treatments can do for you, consult visagemedicalskincare.com. We constantly update our website to bring you the latest information. Bookmark our site and check back regularly to stay in the know!

Thank You! Thank You! Thank You!

Thanks to YOU our practice is growing! There's no better compliment we can receive than a positive referral from a valued patient. We are truly grateful for the trust and confidence that so many of you have expressed.

If you know a friend, neighbor, or family member who may be considering a cosmetic procedure - it would be the highest compliment to refer them to us. We will make sure they get extra special attention and care. Or, if there're any additional services that we may provide for you, please let us know.

Acne Breakouts!

For more information on Acne, [Click Here!](#)

Turn Back the Clock on Your Skin With Fraxel Laser Skin Resurfacing

Fine Lines. Brown Spots. Scars. These are signs of aging that can be improved with Laser Skin Resurfacing. In the past, the only effective skin resurfacing lasers available caused widespread damage to the surface layers of skin. Although results were decent, patients had weeks of downtime in the form of weeping, crusting reddened skin.

In the past few years, it has become possible to treat a fraction of the overall skin surface during resurfacing treatments, which leaves more healthy tissue intact. The Fraxel® laser was first FDA approved fractionated resurfacing laser, and it is well known in for its effectiveness by the medical community. The Fraxel® laser is non-invasive, so it does not break the skin's surface. This greatly decreases risk of infection and other related side effects. Following each treatment, natural skin healing makes new healthy tissue to replace the treated skin. This decreases downtime significantly- patients have even returned to work immediately after treatment.

Fractionated skin resurfacing lasers, such as the Fraxel SR 1500, yield great results in the hands of an experienced physician. This laser refines the skin in a precise fashion. A treatment course consists of 3-5 procedures, normally spaced 4 weeks apart. The Fraxel® Laser gently remodels collagen under the treated area of skin. Improvements in your appearance will continue for up to six months, or more. At Visage Medical Skin Care, Dr. Joel normally recommends Fraxel treatment for:

- Improving fine lines and wrinkles at rest, especially around the eyes and mouth
- Decreasing brown spots
- Improving acne and chickenpox scars
- Limited tightening of skin (this is a secondary benefit)

After Fraxel treatment, you may feel like your skin has a sunburn, since it may have a mild burning sensation and a pink color. Occasionally, skin swelling occurs. These sensations may last for 1-5 days. Often, they last for a shorter time. Mild skin reactions like these occur when the healing process is underway. Skin can feel "gritty" for 7-10 days after treatment.

Dr. Joel performs Fraxel resurfacing treatments in his

Cape Coral office. In fact, Dr. Joel performs the most Fraxel treatments in our area. Are you ready to turn back the clock on your skin? Call Us Today for a Fraxel consultation with Dr. Joel!

For more information on Fraxel Laser Skin Resurfacing, [Click Here!](#)



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Not to be combined with other offers. Ends April 30, 2008.

Feel free to contact me for more information about any of our newsletter articles. If you have any questions you would like answered or have an article suggestion, please let me know!

Best wishes,

Joel Caschette, M.D.
Medical Director
Visage Medical Skin Care